Working with Refugees

If you are planning to work with young people from culturally and linguistically diverse backgrounds, it is important that you are sensitive to the needs and issues facing the young people. Being aware of the cultural issues will assist you when you are planning the group.

Group work has been used with refugee young people who presented with torture and trauma issues.

The Victorian Foundation for Survivors of Torture Inc. has written and published, ‘Guide to Working with Young People who are Refugees’. Section 3 of the Guide looks at group work with refugee young people between 14 – 24 years of age. This resource is recommended to students to broadening their knowledge and skill base in working with refugee young people who have experienced torture and trauma. The Guide also suggests that as a group facilitator you read extensively about this area.