Handout 4: Action Research

When we involve the community in our research it is called **action research**.

- Action research is about improving what we do by changing it and learning from the consequences of the change.

- Action research involves community agencies such as the Carmen Poldis centre working with the community to improve the quality of their own lives.

- Action research must be *collaborative*. All groups involved in the research must be responsible for the action in improving it, widening the collaborative group from those most directly involved to as many as possible of those affected by the practices concerned.

Can this be tarterd up Maybe with foot prints rather than arrows between the labels???

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**Identifying a need for action on an issue**  
**Planning for Action on an issue.**

**ACTION RESEARCH**

**Reflecting on the Progress Evaluating**

**Gathering information to enable the plan to be realised.**

**Taking action**