Handout 5: Rights for People with a Mental Illness/Disorder

The key rights for people with a mental illness/disorder are:

- **Equity** - all people, regardless of age, gender, culture, sexual orientation, socio-economic status, religious beliefs and physical or other disability experience fairness, justice and equal opportunity in all aspects of a service

- **Access** - a mental health service is accessible to all members of all communities across all geographical locations

- **Choice** - access to a range of treatment options and information to assist consumers to select the most appropriate options for themselves. (empowerment)

- **Quality** - a mental health system which provides a high level of service in a range of treatment and related areas to consumers and carer